

HORWICH

This notation was adapted from a traditional dance.

8 person dance, left foot start. D1 D2

D = Dancer number D3 D4

p. = polka. D5 D6

B = beat. D7 D8

Tunes = Polkas.

Music

Knife Edge Polka

1ABB (Cast In)

2AB (Star)

3ABB (Back to Back)

4ABAB (Roller)

Cafouillee

5AB (Squares)

6AAABB (Weave)

7AABB,AB,ABB (Final Figure)

Chorus

3 steps forward, kick right leg in the air. 3 steps backwards, tap left toe behind on 4.

Arms parallel, stretched forward & up, sticks pointing forward and up in same line as arms **Position A**.

4 polkas on the spot. Sticks parallel to floor, level with ears .Elbows out.

Position B.

1. Cast In

Arms / sticks: **Position B** throughout.

B's 1 + 2 D1 + D2: p. 1 to face across the set, p. 2 to face down the set, then carry on down the middle.

B's 3 + 4 D3 + D4: p. 1 to face across the set, p. 2 to face down the set, then 6 more down the middle.

B's 5 + 6 D5 + D6: p. 1 to face across the set, p. 2 to face down the set, then 6 more down the middle.

B's 7 + 8 D7 + D8: p. 1 to face across the set, p. 2 to face down the set, then 6 more down the middle.

B's 9 + 10 D1 + D2: face each other across the set moving out for 1 polka, then face up to cast back up the outside for 7.

B's 11 +12 D3 + D4: face each other for 1, then cast up for 5.

B's 13 + 14 D5 + D6: face each other for 1, then cast up for 3.

B's 15 + 16 D7 + D8: face each other for 1, then cast up for 1.

Chorus

As above

2. Star

Outside arm, position B, inside arm horizontal and straight, towards centre of stars (2 stars, 4 dancers each).



Then, 1 polka back to place and l to face up if needed.

Chorus

As above

3. Back to Back

D2, D4, D6, D8: Turn in for 1 polka, then polka on the spot for 7 p.s, sticks parallel to floor, by sides.

D1, D3, D5, D7: (Sticks in **B position**.) Turn and cross, meeting right shoulders on p.2, past on p.3, l to the right (p.4), back to left shoulder on p.5, back for 2 beats (p.s 6 + 7) into line, p.8 on the spot.

D1, D3, D5, D7: Hands down on l. 7 p.s on the spot, and l p. to face up.

D2, D4, D6, D8: (Sticks in **B position**.) 2 p.s across to left shoulders, l p. past partner, l p. to left, one backwards to right shoulders (B5), 2 p.s back to place (B6 + B7), l p. to face up.

Chorus

As above

4. Roller

So called because order of crossing shoulders is Right Left Left Right.

Sticks in B position throughout the figure:

4 p.s facing partner across the set

2 p.s facing up

2 p.s facing out - away from partner.

---- always turn through top of set ----

1 p. to face across the set, 3 p.s to cross RIGHT shoulders,

1 p. to face across the set, 3 p.s to cross LEFT shoulders,

1 p. to face across the set, 3 p.s to cross LEFT shoulders,

1 p. to face across the set, 3 p.s to cross RIGHT shoulders,

Chorus

As above

5. Squares

2 single steps forwards (hands by sides), 1 p. to face across the set (hands in **Position B**).

2 single steps across the set (hands by sides), 1 p. to face down the set (hands in **Position B**).

2 single steps down the set (hands by sides), 1 p. to face out from the set (hands in **Position B**).

2 single steps out into line (hands by sides), 1 p. step to face up again (hands in **Position B**).

Chorus

As above, (plus on last polka D2 + D8 move slightly forwards / back to increase the gap in the set)

6. Weave

D2, D4, D6, D8: Stand still on spot, hands by sides, sticks pointing down.

D1, D3, D5, D7: 3 polkas across the set always facing up, with sticks in **Position B** throughout, and 1 p. in front of partner, 1 p. to outside of set, 2 backwards, and 1 p. back into line with 'evens', behind partner.

Continue in this manner until you reach the back of the line, when you start casting up the inside of the evens line. Continue until full circuit has been completed, then everyone does 4 polkas back to place.

Repeat the above, but with 'evens' weaving around 'odds'.

Chorus

As original

7. Final Figure – cast off

Cast in as in first figure, but turn across the set then stay facing across the set whilst polka-ing down the centre.

Move out at the bottom, still facing across the set, and cast up the outside - still facing across - and on the 16th polka, stamp, crossing sticks above head, facing across the set.